



LESS IMPACT MORE COMFORT

The Flex Deck® Shock Absorption System uses eight Lifespring shock absorbers to reduce impact on the joints.

Life Fitness



MEMORABLE EXERCISER EXPERIENCES

STYLISHLY INTUITIVE

Combines modern design with intuitive functionality. The sleek look, available in either Arctic Silver or Smooth Charcoal, allows facilities to enhance their aesthetic with equipment that appeals to workout novices and exercise veterans.

Choose from the immersive
Discover SE4 Console or
the get-on-and-go SL Console.







EASY TO OWN AND OPERATE

Advanced engineering improves efficiency and limits downtime.
Simplified mechanics make maintenance easier and add reliability.



OPERATIONAL EFFICIENCY



SL

Life Fitness



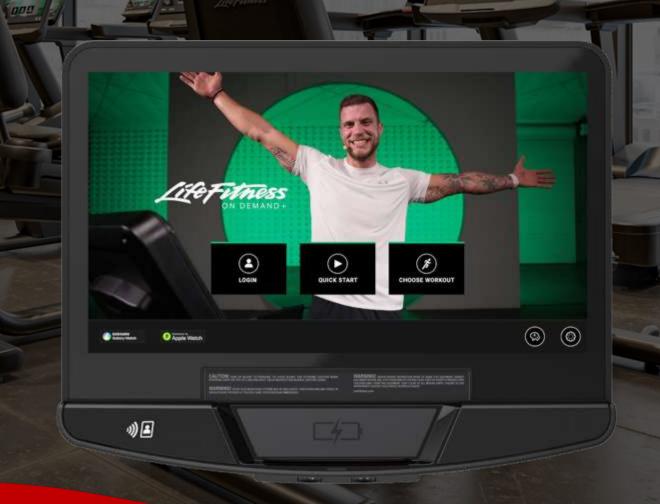


DISCOVER MORE

DISCOVER

SE4

Life Fitness





MORE FOR YOUR EXERCISERS

Inspire your exercisers with cutting-edge technology including a more intuitive UI, seamless wearable connectivity, personalized app integrations and sleek console design packed full of Life Fitness On Demand+ content.

Stylish edge-to-edge glass screens with 500+ workouts deliver a more immersive experience.

MORE STATE-OF-THE-ART

With the Life Fitness Discover SE4 Console, you are not just investing in a piece of equipment; you are embracing a new era of fitness technology. With AIT technology and strategically positioned touchscreen sensor, this console offers unmatched responsiveness.

Exercisers enjoy vivid imagery, regardless of ambient light, and a slim profile thanks to the embedded LCD sensor. In addition, SE4 supports wireless charging, allowing users to conveniently power up their devices while they work out.





MORE **EXPERIENCES**

OVER 500 ON-DEMAND WORKOUTS WITH LIFE FITNESS ON DEMAND+



The vivid, cinematic-quality of Discover SE4 is ideal for the immersive cardio experiences offered by Life Fitness On Demand+, which provides engaging cardio content that keeps exercisers coming back.

Life Fitness On Demand+ allows exercisers access to over 500 ondemand fitness experiences, including instructor-led workouts and interactive terrains, and gives facilities the tools to create customized video content.

MORE CONNECTIVITY

DISCOVER SE4 CONSOLE COMES PACKED WITH CONNECTIVITY OPTIONS FOR A MORE USER-FRIENDLY EXPERIENCE.

- Fast charging phone charger
- Apple® and Samsung® watch connectivity
- Supports Bluetooth® headphones
- ANT+ for heart rate training

Facilities benefit from connection to machine usage information, preventive maintenance reminders, on-console messaging, and more.





MORE CUSTOM CONTENT

The Discover SE4 Console puts your brand and staff in the spotlight, with Life Fitness On Demand+ empowering you to showcase your own videos on your facility's Life Fitness cardio equipment.

Whether it's workout videos, exercise and wellness tips, or features of your facility, you can create and display content that speaks directly to your exercisers.

